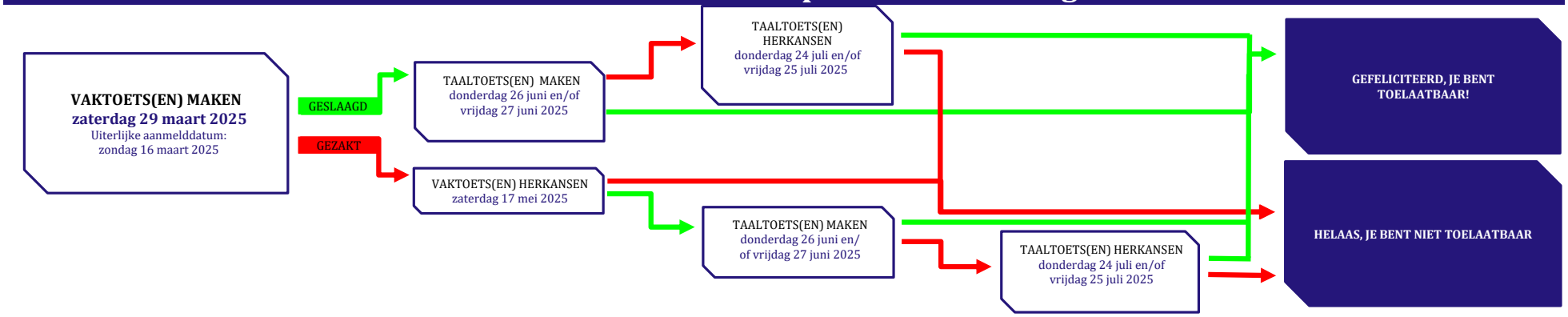Data 21+-TOELATINGSONDERZOEK instapmoment zaterdag 29 maart 2025