



Amsterdam University  
of Applied Sciences



# EUROPEAN SCHOOL OF PHYSIOTHERAPY

BACHELOR'S DEGREE THREE-YEAR PROGRAMME

**The aim of physiotherapy is to help people recover from physical discomfort and ailments. If you are interested in helping others and are prepared to work hard, the European School of Physiotherapy (ESP) programme may be the right choice for you.**

The ESP programme offers a challenging and high-quality accelerated three-year programme leading to a Bachelor's degree with Honours. The programme has been awarded the status Honours by the Amsterdam University of Applied Sciences and has also been accorded the status of Small Scale and Intensive Education by the Accreditation Organisation of the Netherlands and Flanders.

You are taught a mix of theoretical subjects and practical skills. You learn to think critically, to reflect, and to apply a structured method of clinical reasoning. This is an essential part of being a physiotherapist. Another distinctive feature of the ESP programme is its clear focus on evidence-based practice and innovation.

To get the best practical experience, the programme includes four internships which last for more than 10 months in total.

## STUDENT

Phillip

*"ESP offers you a great education in the modern physiotherapy. The teaching materials are regularly updated which nowadays is very essential in a world where it's all about evidence based practice. Of course ESP is all about hard work but we never forget to smile and have fun. The practical classes are the best."*



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Creating Tomorrow

# PROGRAMME FACTS AND FIGURES

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## IS THIS YOU?

- ▶ You are disciplined, willing to work hard and you know what you want.
- ▶ You really want to help other people.
- ▶ You are interested in the movement and functioning of the human body.

## CAREER OPPORTUNITIES

Physiotherapists are employed in hospitals, private practices, rehabilitation centres, nursing homes, health centres, and sports teams or associations.

Physiotherapists who have been trained in the Netherlands can work in many different places in the world. However, in some countries additional qualifications may be required.

## CORE SUBJECTS

During the programme you are offered a variety of subjects such as Physiotherapy Interventions and Anatomy. Ultimately, the international internships are considered the highlight of the ESP programme. The four clinical placements can be done all over the world and do not only provide students with a great clinical experience - learning about different healthcare systems and cultures will also provide an indispensable life experience.

## STUDY LOAD

- ▶ 48 weeks of teaching or internships per year.
- ▶ Average of 53 hours per week.
- ▶ The contact time within the degree programme comprises lectures/tutorials, practicals, patient visits and online collaboration and activities.
- ▶ The number of contact hours per week in the first year of the programme is 24. Contact hours are calculated in units equalling 50 minutes. Other hours, approx. 29 per week, to be dedicated to projects, research, assignments and self-study (preparation for classes and exams) without the presence of a

 variant	Full-time
 level	Bachelor's
 start date	August
 degree	Bachelor of Science
 interest area	Health, Sports and Nutrition

lecturer or super visor.

- ▶ In the first academic year, you must attain 80 credits. One credit equals 28 hours of study. If you earn less than 50 credits, AUAS will issue a negative binding study advice (BSA). This means you will not be able to continue the programme. You will then meet with your academic adviser to discuss whether another degree programme would be more suitable for you.

## ADMISSION REQUIREMENTS

A prior education, which is (internationally) equivalent to the Dutch VWO diploma. English language proficiency, with an IELTS 6.5 score or international equivalent.

## ENROLMENT AND SELECTION

Enrol no later than 15 January via [hva.studielink.nl](https://hva.studielink.nl) using your DigiD. Allow at least three working days to receive your DigiD. After enrolling you must take part in a selection procedure, because the degree programme only has a limited number of places. The programme will send you an invitation for the procedure.

## STUDY ORIENTATION ACTIVITIES

- ▶ Open days and class visits.

## MORE INFORMATION

For specific information about the programme visit [hva.nl/esp](https://hva.nl/esp) or contact ESP via [esp@hva.nl](mailto:esp@hva.nl). For administrative and diploma related questions, contact the Student Information Office: WhatsApp: +31 (0)6 2853 35 46 (workdays 10:00 - 16:30) Telephone: +31 (0)20 595 1405 (workdays 09:30 - 13:30).